

# Career Transitions

ACROSS THE HEALTH AND MEDICAL RESEARCH ECOSYSTEM

## Table Mentors



**Tricia Cummins**

**Associate Director, Clinical Innovation Redesign and  
Consumer Engagement, Agency for Clinical Innovation**



In her role at the NSW Health Agency for Clinical Innovation, Trish oversees the strategic direction for the Healthcare Redesign program, change management, innovation and co-design capability, and consumer partnerships. Trish has over 30 years experience in health in Australia and the UK spanning clinical, education and service improvement roles. Holding a Masters in Education, she is passionate about building individual and system capability for inclusive, transformational change and making a difference to the experience of those both delivering and receiving care.

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**Martie De Villiers**  
**Biosimilars Brand Manager, Organon**



I began my career as a physiotherapist, working in both South Africa and the UK, where I specialized in orthopaedic physiotherapy. After relocating to Australia, I transitioned into the pharmaceutical industry, starting as a medical representative. My journey progressed into sales management and brand management, during which I completed my MBA to further enhance my skills.

With a desire to diversify my expertise, I took on a CX lead role, allowing me to broaden my professional horizons. Currently, I am focused on pipeline development for our biosimilars portfolio, supporting new launches and overseeing our New Zealand market. I have a strong passion for people leadership and the commercial aspects of business.

Outside of work, I'm a proud mother of two girls, happily married to a wonderful man and I love spending time outdoors and on our farm.

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**Dr Belinda Di Bartolo**  
**Founder, BD Stemm Strategies**



Dr. Belinda Di Bartolo is the founder of BD Stemm strategies, a company dedicated to empowering academics and STEM professionals to communicate their worth, brand, and value to the world. With a PhD in medical research and experience in both academia and industry, Belinda has a deep understanding of the unique challenges faced by those transitioning from research to broader professional landscapes in STEM.

Before founding BD Stemm Strategies, Belinda spent over 10 years as a researcher at multiple institutes, focused on discovering new insights into cardio-metabolic research. Throughout her academic career, Belinda recognised a critical gap in the support provided to academics navigating career advancement and transitions. This realisation sparked the creation of BD Stemm Strategies, where Belinda now offers one-on-one coaching and provides tailored strategies to help her clients succeed within and beyond academia.

Belinda is passionate about advocating for women (and mothers) in STEM, helping them to build meaningful professional networks, articulate their skills, and thrive in diverse career paths. Through BD Stemm Strategies, Belinda is committed to transforming how STEM professionals present themselves to the world.

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**Dr Helen Goldsmith**  
**Research Development Manager,**  
**Kids Research, Sydney Children's Hospitals Network**



Dr. Helen Goldsmith is the Research Development Manager at Sydney Children's Hospitals Network, where she is dedicated to promoting, encouraging, and supporting clinical research initiatives. With over 25 years of experience as a registered nurse, Helen has led numerous clinical trials, research projects, and quality improvement initiatives in collaboration with clinicians, patients, and families across various healthcare settings. In her current role, she partners with hospital executives, local health districts, universities, health precincts, and research translation centers to foster meaningful and collaborative research. Helen completed her PhD investigating "The Incidence, Impact and Experience of Pain in Recently Discharged Adult Trauma Patients" at USYD, and more recently completed a Master of Health Leadership and Management at UNSW.

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**Dr Amandeep Hansra**  
**Chief Clinical Advisor, Australian Digital Health Agency**



Dr Amandeep Hansra is a leader in digital health and innovation in Australia. She is a GP with 18 years' clinical experience but is also known for her work as a digital health consultant, entrepreneur and investor. She has been a Digital Health Adviser with the Australian Digital Health Agency for 5 years & in July 2024 became the Agency's Chief Clinical Adviser (Medicine).

Amandeep was the CEO & Medical Director of Telstra's telemedicine business ReadyCare; a joint venture between Telstra and Medgate, (Switzerland's leading telemedicine provider). She also served as the Chief Medical Officer for Telstra Health and separately was involved in setting up a telemedicine business in the Philippines. Amandeep was the inaugural Program Director for the Australian Clinical Entrepreneur Program (AUSCEP). She has held senior leadership roles at Medibank, nib and the Department of Home Affairs.

She was a co-founder of Australian Medical Angels, one of the world's largest syndicate of angels in the medical space and founder of the organisation, Creative Careers in Medicine which has 25,000 members.

She has a Bachelor of Medicine (honours) from the University of Newcastle, a Global Executive MBA from the University of Sydney, a Masters in Public Health and Tropical Medicine from James Cook University, the Australia Certificate in Civil Aviation Medicine, is a Certified Health Informatician of Australia and has completed the Company Directors Course through the Australian Institute of Company Directors. She is also an Adjunct Associate Professor in Biomedical Informatics and Digital Health at the University of Sydney. She is a Fellow of the RACGP & Australian Institute of Digital Health and sits on the Australian Medical Association (AMA) NSW Council.

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**Dr Sophia Moscovis**  
**Vice President of Operations & Strategy, Race Oncology**



Sophia Moscovis has over 20 years' experience in healthcare in academia, clinical trials, and the pharmaceutical and biotechnology industry with a focus on Medical Affairs, Business Transformation, Strategy, Leadership, Operational Excellence, and Patient Experience.

Sophia is currently the VP of Operations and Strategy at Race Oncology (ASX: RAC), a Sydney based biotechnology company developing oncology treatments. Prior to Race, she was a consultant to Global Fortune 500 pharmaceutical companies and digital health organisations and served in senior strategic and people leadership roles at Novartis, including Business Transformation Lead and Head of Field Medical.

In addition to her role at Race, she is also a healthcare innovation and women equity advocate and shares her insights and learnings across several platforms including as a contributor for Forbes Australia, an Associate Editor for Frontiers in Blockchain, a keynote speaker for Saxton, an Industry Expert for Blackbird Giants and Community VC, a mentor and advisor to several healthcare startups and a founder of a preventative health startup.

Sophia holds a Bachelor of Biomedical Science (First Class Honours) and a PhD in Immunology & Genetics from the University of Newcastle and is a Graduate Member of the AICD.

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**Dr Sharon Ponniah**  
**Executive, Health, Quantum Health**



Sharon is an Executive at Quantum Health and is a public health and policy specialist. She has worked across public and private sectors managing research, evaluation and population health programs at State and National level in Australia and New Zealand. She has held roles with the Ministry of Health New Zealand, worked for large Crown Entities and the George Institute for Global Health before a long and fulfilling career as Consulting Partner with PwC. With a PhD in public health, she is a published academic and continues to review NHMRC grants for public health and policy. Sharon's career has been driven by a passion to reduce inequity, increase sustainability and impact social agendas.

At Quantum, Sharon leads our public health practice, supporting system and service reform. Sharon is a Special Advisor for the Champions of Change Coalition, having established the first health group to drive gender equality across the industry and is a NED for Lifeline Australia.

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**Dr Emma Quinn**  
**Principal Analyst, Data & Evaluation Lead, Centre for**  
**Population Health, NSW Ministry of Health**



Emma Quinn started her career in biomedical science, working for several years in bowel and breast cancer research at Garvan Institute and then for Royal Marsden Hospital in London. After completing her MPH at University of College London, Emma returned to Australia to complete the NSW Public Health Officer's training program, working at a variety of different organisations across NSW. She was awarded her Doctorate in Applied Public Health, which focused on addressing health inequities through applied public health research. Emma then worked several years as a Biopreparedness Epidemiologist and Research Manager for Sydney LHD Public Health Unit and was awarded some NHMRC Rapid and Research Translation Initiative funding to evaluate the pilot of a new outbreak response application in aged care facilities. She then worked for Health Protection NSW as a senior manager helping to co-design a new surveillance and outbreak response platform for NSW Health. Currently, Emma is working as a Principal Analyst and Manager at the Centre for Population Health, where her work is focused on the healthy eating and active living portfolio. She is also a senior lecturer at the University of Sydney. Emma remains passionate and committed to applied public health research that supports equitable outcomes for our NSW population.



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**Dr Charmaine Tam**  
**Senior Consultant, Telstra Health**



Charmaine Tam, PhD is a Senior Consultant at Telstra Health, overseeing Data & Insights capability for a diverse portfolio of public and private clients. This ranges from clinical decision support, the development of dashboards and the provision of de-identified aggregated data and insights. Previously, Charmaine led a clinical analytics team within a local health district, where she pioneered the reuse of routinely collected electronic medical records for measuring clinical quality and safety. Additionally, she has extensive experience as a clinical researcher, with hands-on experience collecting and analysing data. Charmaine is driven by the judicious use of data to enhance patient outcomes and improve the overall efficiency of health systems.

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**More Table  
Mentors to be  
announced  
soon!**